

STANDING ORDERS

To the Physician: Cross out any you do not approve

INJURIES

CUTS / SCRAPES	Wash with soap and water, apply Bacitracin ointment and band-aid dressing as needed. Tetanus toxoid if dirty or no tetanus in past 5 years from PCP/ER
BURNS	Immerse in cool water. After pain subsides, pat dry with sterile gauze. If severe, apply waterjel and notify MD stat.
BREAKS	Apply ice, immobilize limb and splint. Notify MD and transport.
SPRAINS / STRAINS	Ice for 48 hours, elevate, ACE wrap as needed. If not better bring to ER for evaluation.
FOREIGN MATTER IN EYE	Flush eyes with water. Notify MD.
HEADACHE	Tylenol (10-15mg/kg pedi or 650mg adult) or ibuprofen (10mg/kg pedi or 400mg adult), fluids, bed rest.
DIARRHEA	Clear liquid diet first 18 hours.
CONSTIPATION	MOM 15cc/Glycerin Supp/Ducolax Supp Prn/Fleet Enemas
ABDOMINAL PAIN/DISCOMFORT	Maalox 15cc/Pepto Bismol 15cc (over 18 only) if associated with gas.
NAUSEA	Pepto Bismol 15cc (over 18 only)
VOMITING	Clear liquids. If vomiting x 8 in 24 hours notify MD on Call
TOOTHACHE	Tylenol prn. Orajel prn
EARACHE	Tylenol prn. If drainage appears see MD for RX
SORE THROAT	Gargle with warm salt water; lozenges. Tylenol as Directed. Notify MD if reddened or persistent.
FEVER	Tylenol/ibuprofen, fluids. Notify MD on call if greater than 101

